OBSERVATIONS & RECOMMENDATIONS

After reviewing data collected from **SHOWELL POND, SANDOWN,** the program coordinators have made the following observations and recommendations.

Thank you for your continued hard work sampling the pond this year! Your monitoring group sampled the deep spot **five** times this year! As you know, conducting multiple sampling events each year enables DES to more accurately detect water quality changes. Keep up the good work!

As part of the state's lake survey program, DES biologists performed a comprehensive lake survey on **SHOWELL POND** on **September 4, 2006,** Publicly-owned recreational lakes/ponds in the state are surveyed approximately every ten to 20 years. In addition to the tests normally conducted through VLAP, biologists tested for certain indicator metals and nitrogen, created a map of the pond depth contours called a bathymetric map, and mapped the abundance and distribution of the aquatic plants along the shoreline. DES biologists will also sample the pond once during the Winter of **2006-2007**. Some data from this lake survey have been included in this report and has been added to the historical database for your pond. If you would like a complete copy of the raw data from the lake survey, please contact the DES Limnology Center Director at (603) 271-3414 or the VLAP Coordinator at (603) 271-2658. A final report should be available in **2008** and will be posted on the DES website at www.des.state.nh.us/WMB/lakes/lake_water.

We encourage your monitoring group to formally participate in the DES Weed Watchers program, a volunteer program dedicated to monitoring lakes and ponds for the presence of exotic aquatic plants. This program only involves a small amount of time during the summer months. Volunteers survey their waterbody once a month from **June** through **September**. To survey, volunteers slowly boat, or even snorkel, around the perimeter of the waterbody and any islands it may contain. Using the materials provided in the Weed Watchers kit, volunteers look for any species that are of suspicion. After a trip or two around the waterbody, volunteers will have a good knowledge of its plant community and will immediately notice even the most subtle changes. If a suspicious plant is found, the volunteers will send a specimen to DES for identification. If the plant specimen is an exotic species, a biologist will visit the site to

determine the extent of the problem and to formulate a management plan to control the nuisance infestation. Early detection is the key to controlling the spread of exotic plants.

If you would like to help protect your lake or pond from exotic plant infestations, contact Amy Smagula, Exotic Species Program Coordinator, at 271-2248 or visit the Weed Watchers website at www.des.state.nh.us/wmb/exoticspecies/survey.htm.

FIGURE INTERPRETATION

Figure 1 and Table 1: Figure 1 in Appendix A shows the historical and current year chlorophyll-a concentration in the water column. Table 1 in Appendix B lists the maximum, minimum, and mean concentration for each sampling year that the pond has been monitored through VLAP.

Chlorophyll-a, a pigment found in plants, is an indicator of the algal abundance. Because algae are usually microscopic plants that contain chlorophyll-a, and are naturally found in lake ecosystems, the chlorophyll-a concentration measured in the water gives an estimation of the algal concentration or lake productivity. The median summer chlorophyll-a concentration for New Hampshire's lakes and ponds is 4.58 mg/m³.

The current year data (the top graph) show that the chlorophyll-a concentration *increased steadily* from **June** to **August**, and then *remained relatively stable* from **August** to **October**. The *elevated* chlorophyll concentration on the **July**, **August**, **September**, and **October** sampling events indicated that an **algal bloom** had occurred.

The historical data (the bottom graph) show that the **2006** chlorophyll-a mean is *greater than* the state median and the similar lake median. For more information on the similar lake median, refer to Appendix F.

Overall, visual inspection of the historical data trend line (the bottom graph) shows a *variable* in-lake chlorophyll-a trend since monitoring began. Specifically, the mean chlorophyll concentration has *fluctuated between approximately 9.21 and 31.05 mg/m³* since monitoring originally began in **1987**.

After 10 consecutive years of sample collection, we will be able to conduct a statistical analysis of the historical data to objectively

determine if there has been a significant change in the annual mean chlorophyll-a concentration since monitoring began.

While algae are naturally present in all ponds, an excessive or increasing amount of any type is not welcomed. In freshwater ponds, phosphorus is the nutrient that algae typically depend upon for growth in New Hampshire lakes. Algal concentrations may increase as nonpoint sources of phosphorus from the watershed increase, or as in-lake phosphorus sources increase. Therefore, it is extremely important for volunteer monitors to continually educate all watershed residents about management practices that can be implemented to minimize phosphorus loading to surface waters.

Figures 2a and 2b and Tables 3a and 3b: Figure 2a in Appendix A shows the historical and current year data for transparency without the use of a viewscope and Figure 2b shows the current year data for transparency with the use of a viewscope. Table 3a in Appendix B lists the maximum, minimum and mean transparency data without the use of a viewscope and Table 3b lists the maximum, minimum and mean transparency data with the use of a viewscope for each year that the pond has been monitored through VLAP.

Volunteer monitors use the Secchi disk, a 20 cm disk with alternating black and white quadrants, to measure how far a person can see into the water. Transparency, a measure of water clarity, can be affected by the amount of algae and sediment in the water, as well as the natural color of the water. The median summer transparency for New Hampshire's lakes and ponds is 3.2 meters.

The current year data (the top graph) show that the non-viewscope inlake transparency *decreased steadily* from May to August, *increased* from August to September, and then *decreased* from September to October.

The historical data (the bottom graph) show that the **2006** mean non-viewscope transparency is *much less than* the state median and the similar lake median. Please refer to Appendix F for more information about the similar lake median.

The viewscope in-lake transparency was **approximately equal to or slightly greater than** the non-viewscope transparency on the **August** and **October** sampling events. The transparency was **not** measured with the viewscope on the **May, June, July** or **September** sampling events. As discussed previously, a comparison of transparency readings taken with and without the use of a viewscope shows that the viewscope typically increases the depth to which the Secchi disk can be seen into the lake, particularly on sunny and

windy days. We recommend that your group measure Secchi disk transparency with and without the viewscope on each sampling event.

It is important to note that viewscope transparency data are not compared to a New Hampshire median or similar lake median. This is because lake transparency has not been historically measured by DES with a viewscope. At some point in the future, the New Hampshire and similar lake medians for viewscope transparency will be calculated and added to the appropriate graphs.

Overall, visual inspection of the historical data trend line (the bottom graph) shows a **slightly variable** trend for in-lake non-viewscope transparency. Specifically, the transparency has **fluctuated between approximately 0.58 and 1.70 meters** since monitoring originally began in **1987**.

As previously discussed, after 10 consecutive years of sample collection, we will be able to conduct a statistical analysis of the historical data to objectively determine if there has been a significant change in the annual mean transparency since monitoring began.

Typically, high intensity rainfall causes sediment-laden stormwater runoff to flow into surface waters, thus increasing turbidity and decreasing clarity. Efforts should continually be made to stabilize stream banks, pond shorelines, disturbed soils within the watershed, and especially dirt roads located immediately adjacent to the edge of tributaries and the pond. Guides to best management practices that can be implemented to reduce, and possibly even eliminate, nonpoint source pollutants, are available from DES upon request.

Figure 3 and Table 8: The graphs in Figure 3 in Appendix A show the amount of epilimnetic (upper layer) phosphorus and hypolimnetic (lower layer) phosphorus; the inset graphs show current year data. Table 8 in Appendix B lists the annual maximum, minimum, and median concentration for each deep spot layer and each tributary since the pond has been sampled through VLAP.

Phosphorus is typically the limiting nutrient for plant and algae growth in New Hampshire's lakes and ponds. Excessive phosphorus in a pond can lead to increased plant and algal growth over time. The median summer total phosphorus concentration in the epilimnion (upper layer) of New Hampshire's lakes and ponds is 12 ug/L. The median summer phosphorus concentration in the hypolimnion (lower layer) is 14 ug/L.

The current year data for the epilimnion (the top inset graph) show that the phosphorus concentration **remained stable** from **May** to **June**, **increased** from **June** to **July**, **decreased** from **July** to **August**, and then **increased steadily** from **August** to **October**.

The historical data show that the **2006** mean epilimnetic phosphorus concentration is *greater than* the state median and the similar lake median. Refer to Appendix F for more information about the similar lake median.

The current year data for the hypolimnion (the bottom inset graph) show that the phosphorus concentration *increased steadily* from May to July, *decreased* from July to August, *increased greatly* from August to September, and then *decreased greatly* from September to October.

The turbidity of the hypolimnion (lower layer) sample was *elevated* on each sampling event this year, ranging from **3.06 to 21.6 NTUs**. This suggests that the pond bottom may have been disturbed by the anchor or by the Kemmerer Bottle while sampling and/or that the pond bottom is covered by a thick organic layer of sediment which is easily disturbed. When the pond bottom is disturbed, sediment, which typically contains attached phosphorus, is released into the water column. When collecting the hypolimnion sample, make sure that there is no sediment in the Kemmerer Bottle before filling the sample bottles.

The historical data show that the **2006** mean hypolimnetic phosphorus concentration is *much greater than* the state median and the similar lake median. Please refer to Appendix F for more information about the similar lake median.

Overall, visual inspection of the historical data trend line for the epilimnion and hypolimnion shows an *increasing*, *meaning worsening*, phosphorus trend since monitoring originally began in **1987**.

One of the most important approaches to reducing phosphorus loading to a waterbody is to continually educate watershed residents about the sources of phosphorus in a watershed and how excessive phosphorus loading can negatively affect the ecology and the recreational, economical, and ecological value of lakes and ponds.

TABLE INTERPRETATION

> Table 2: Phytoplankton and Cyanobacteria

Table 2 in Appendix B lists the current and historical phytoplankton species observed in the pond. Specifically, this table lists the three most dominant phytoplankton species observed in the sample and their relative abundance in the sample.

The dominant phytoplankton species observed in the **May** sample were *Asterionella* (diatom), *Tabellaria* (diatom), and unidentifiable diatom.

The dominant phytoplankton species observed in the **June** sample were **Ceratium** (dinoflagellate), **Asterionella** (diatom), **Oscillatoria** (cyanobacteria), and **Anabaena** (cyanobacteria).

The dominant phytoplankton species observed in the **July** sample were an **unidentifiable filamentous cyanobacteria**, **Tabellaria** (diatom), and **Ceratium** (dinoflagellate).

The most dominant phytoplankton species observed in the August and September sample was *Anabaena* (cyanobacteria).

Phytoplankton populations undergo a natural succession during the growing year. Please refer to the "Biological Monitoring Parameters" section of this report for a more detailed explanation regarding yearly plankton succession. Diatoms and golden-brown algae are typical in New Hampshire's less productive lakes and ponds.

DES issued a lake-wide advisory for cyanobacteria for **SHOWELL POND** for the majority of Summer 2006. The cyanobacterium **Anabaena and Oscillatoria**, **if present in large amounts, can be toxic to livestock, wildlife, pets, and humans.** Please refer to the "Biological Monitoring Parameters" section of this report for a more detailed explanation regarding cyanobacteria.

Cyanobacteria can reach nuisance levels when phosphorus loading from the watershed to surface waters is increased and favorable environmental conditions occur, such as a period of sunny, warm weather.

The presence of cyanobacteria serves as a reminder of the pond's delicate balance. Watershed residents should continue to act proactively to reduce nutrient loading to the pond by eliminating fertilizer use on lawns, keeping the pond shoreline natural, revegetating cleared areas within the watershed, and properly maintaining septic systems and roads.

In addition, residents should also observe the pond in September and October during the time of fall turnover (lake mixing) to document any algal blooms that may occur. Cyanobacteria have the ability to regulate their depth in the water column by producing or releasing gas from vesicles. However, occasionally lake mixing can affect their buoyancy and cause them to rise to the surface and bloom. Wind and currents tend to "pile" cyanobacteria into scums that accumulate in one section of the pond. If a fall bloom occurs, please collect a sample in any clean jar or bottle and contact the VLAP Coordinator.

> Table 4: pH

Table 4 in Appendix B presents the in-lake and tributary current year and historical pH data.

pH is measured on a logarithmic scale of 0 (acidic) to 14 (basic). pH is important to the survival and reproduction of fish and other aquatic life. A pH below 6.0 typically limits the growth and reproduction of fish. A pH between 6.0 and 7.0 is ideal for fish. The median pH value for the epilimnion (upper layer) in New Hampshire's lakes and ponds is **6.6**, which indicates that the surface waters in the state are slightly acidic. For a more detailed explanation regarding pH, please refer to the "Chemical Monitoring Parameters" section of this report.

The mean pH at the deep spot this year ranged from **6.36** in the hypolimnion to **6.76** in the epilimnion, which means that the water is **slightly acidic.**

It is important to point out that the pH in the hypolimnion (lower layer) was *lower (more acidic)* than in the epilimnion (upper layer). This increase in acidity near the pond bottom is likely due to the decomposition of organic matter and the release of acidic by-products into the water column.

Due to the presence of granite bedrock in the state and acid deposition received from snowmelt, rainfall, and atmospheric particulates, there is not much that can be feasibly done to effectively increase pond pH.

> Table 5: Acid Neutralizing Capacity

Table 5 in Appendix B presents the current year and historical epilimnetic ANC for each year the pond has been monitored through VLAP.

Buffering capacity (ANC) describes the ability of a solution to resist changes in pH by neutralizing the acidic input. The median ANC value for New Hampshire's lakes and ponds is **4.9 mg/L**, which indicates that many lakes and ponds in the state are at least "moderately vulnerable" to acidic inputs. For a more detailed explanation about ANC, please refer to the "Chemical Monitoring Parameters" section of this report.

The mean acid neutralizing capacity (ANC) of the epilimnion (upper layer) was **13.4 mg/L**, which is *greater than* the state median. In addition, this indicates that the pond has a *low vulnerability* to acidic inputs.

> Table 6: Conductivity

Table 6 in Appendix B presents the current and historical conductivity values for tributaries and in-lake data. Conductivity is the numerical expression of the ability of water to carry an electric current, which is determined by the number of negatively charged ions from metals, salts, and minerals in the water column. The median conductivity value for New Hampshire's lakes and ponds is **40.0 uMhos/cm**. For a more detailed explanation, please refer to the "Chemical Monitoring Parameters" section of this report.

The mean annual epilimnetic conductivity at the deep spot this year was **87.61 uMhos/cm**, which is *greater than* the state median.

The **2006** conductivity results for the **deep spot**, the **Inlet**, and the **Wetland** were *lower than* has was measured during **2005**. It is likely that the high water levels during **2006** diluted the ion concentration in surface waters throughout the watershed. Specifically, the unusually large amount of watershed runoff from the significant late spring rain events likely exceeded the amount of groundwater contribution to the tributaries and lake. In addition, any winter contribution of chloride to surface waters from road salt was likely flushed out of the tributaries and the pond before the summer.

Overall, the conductivity continued to remain *greater than* the state median in the pond and tributaries this year. Typically, elevated conductivity indicates the influence of pollutant sources associated with human activities. These sources include failed or marginally

functioning septic systems, agricultural runoff, and road runoff, which contains road salt during the spring snow-melt. New development in the watershed can alter runoff patterns and expose new soil and bedrock areas, which could also contribute to increasing conductivity. In addition, natural sources, such as iron and manganese deposits in bedrock, can influence conductivity.

We recommend that your monitoring group conduct a shoreline conductivity survey of the pond and the tributaries to help identify the sources of conductivity.

To learn how to conduct a shoreline or tributary conductivity survey, please refer to the 2004 special topic article, which is posted on the VLAP website at www.des.nh.gov/wmb/vlap/2004/documents/Appendix_D.pdf or contact the VLAP Coordinator.

It is possible that de-icing materials applied to nearby roadways during the winter months may be influencing the conductivity in the pond. The most commonly used de-icing material in New Hampshire is salt (sodium chloride).

A limited amount of chloride sampling was conducted during **2006**. Please refer to the discussion of **Table 13** for more information.

> Table 7a and Table 7b: Total Kjeldahl Nitrogen and Nitrite+Nitrate Nitrogen

Table 7a in Appendix B presents the current year and historical Total Kjeldahl Nitrogen and Table 7b presents the current year and historical nitrite and nitrate nitrogen. Nitrogen is another nutrient that is essential for the growth of plants and algae. Nitrogen is typically the limiting nutrient in estuaries and coastal ecosystems. However, in freshwater, nitrogen is not typically the limiting nutrient. Therefore, nitrogen is not typically sampled through VLAP. However, if phosphorus concentrations in freshwater are elevated, then nitrogen loading may stimulate additional plant and algal growth. Please refer to the "Chemical Monitoring Parameters" section of this report for a more detailed explanation.

During the most recent DES Lake Assessment Program survey, which was conducted during Summer **2006**, the ratio of the total nitrogen concentration to total phosphorus (TN:TP) concentration in the epilimnion sample was **approximately 22**, which is **greater than 15**, indicating that the pond is **phosphorus-limited near the surface**. This means that any additional **phosphorus** loading to the pond will stimulate additional plant and algal growth.

The ratio of the total nitrogen concentration to total phosphorus (TN:TP) concentration in the hypolimnion sample was **approximately 14**, which is *less than* **15**, indicating that the pond is **nitrogen-limited near the bottom**. This means that any additional **nitrogen** loading to the pond will stimulate additional plant and algal growth.

Therefore, we recommend that the pond and its tributaries be sampled for phosphorus and nitrogen on a routine basis.

For more information regarding nitrogen sampling, contact the VLAP Coordinator.

> Table 8: Total Phosphorus

Table 8 in Appendix B presents the current year and historical total phosphorus data for in-lake and tributary stations. Phosphorus is the nutrient that limits the algae's ability to grow and reproduce. Please refer to the "Chemical Monitoring Parameters" section of this report for a more detailed explanation.

The total phosphorus concentration was *particularly elevated* in the **Inlet** on the **July** and **August** sampling events (100 and 130ug/L, respectively). The turbidity was also *elevated* in each of these samples (2.52 and 3.01 NTUs, respectively). This suggests that erosion or atmospheric deposition of phosphorus is occurring in this area of the watershed.

The total phosphorus concentration in the **Outlet** sample was *elevated* on the **July**, **August**, and **September** sampling events **(34, 59, and 33 ug/L, respectively)**. The turbidity of each of these samples was *slightly elevated* **(1.24, 2.78, and 0.91 NTUs, respectively)**, which suggests that the stream bottom may have been disturbed while sampling or that erosion is occurring in this area of the watershed.

When the stream bottom is disturbed, sediment that typically contains attached phosphorus is released into the water column. When collecting inlet samples, please be sure to sample where the stream is flowing and where the stream is deep enough to collect a "clean" sample.

If you suspect that erosion is occurring in any area of the watershed, we recommend that your monitoring group conduct a stream survey and rain event sampling along this tributary so that we can determine what may be causing the elevated concentrations.

For a detailed explanation on how to conduct rain event sampling and stream surveys, please refer to the 2002 VLAP Annual Report special topic article, which is posted on the VLAP website at http://www.des.nh.gov/wmb/vlap/2002/documents/Appndxd_monit oring.pdf, or contact the VLAP Coordinator.

Due to the unusually high water levels and amount of rainfall during the spring and summer of **2006**, it is possible that wetland systems within the watershed were releasing phosphorus-enriched water into the tributaries and ultimately into the lake.

Table 9 and Table 10: Dissolved Oxygen and Temperature Data
Table 9 in Appendix B shows the dissolved oxygen/temperature
profile(s) collected during 2006. Table 10 in Appendix B shows the
historical and current year dissolved oxygen concentration in the
hypolimnion (lower layer). The presence of dissolved oxygen is vital to
fish and amphibians in the water column and also to bottom-dwelling
organisms. Please refer to the "Chemical Monitoring Parameters"
section of this report for a more detailed explanation.

The dissolved oxygen concentration was greater than **100 percent** saturation at **0.1 meters** at the deep spot on the **August** sampling event and at **0.1 and 1.0 meters** on the **September** sampling event. Wave action from wind can also dissolve atmospheric oxygen into the upper layers of the water column. Layers of algae can also increase the dissolved oxygen in the water column, since oxygen is a byproduct of photosynthesis.

The dissolved oxygen concentration was **much lower in the hypolimnion (lower layer) than in the epilimnion (upper layer)** at
the deep spot on the **August** and **September** sampling events. As
ponds age, and as the summer progresses, oxygen typically becomes **depleted** in the hypolimnion by the process of decomposition.
Specifically, the reduction of hypolimnetic oxygen is primarily a result
of biological organisms using oxygen to break down organic matter,
both in the water column and particularly at the bottom of the pond
where the water meets the sediment.

During this year, and previous years, the pond has had a lower dissolved oxygen concentration and a higher total phosphorus concentration in the hypolimnion (lower layer) than in the epilimnion (upper layer). These data suggest that the process of *internal phosphorus loading* is occurring in the pond. When the hypolimnetic dissolved oxygen concentration is depleted to less than 1 mg/L in the hypolimnion, as it was on the annual biologist visit this year and on previous annual visits, the phosphorus that is

normally bound up with metals in the sediment may be re-released into the water column.

Since an internal source of phosphorus in the pond is likely present, it is even more important that watershed residents act proactively to minimize phosphorus loading from the watershed.

> Table 11: Turbidity

Table 11 in Appendix B lists the current year and historical data for in-lake and tributary turbidity. Turbidity in the water is caused by suspended matter, such as clay, silt, and algae. Water clarity is strongly influenced by turbidity. Please refer to the "Other Monitoring Parameters" section of this report for a more detailed explanation.

As discussed previously, the hypolimnetic turbidity was *elevated* on each sampling event this year. In addition, the hypolimnetic turbidity has been *elevated* on many sampling events during previous years. This suggests that the pond bottom is covered by a thick organic layer of sediment which is easily disturbed. When the pond bottom is disturbed, sediment, which typically contains attached phosphorus, is released into the water column. When collecting the hypolimnion sample, make sure that there is no sediment in the Kemmerer Bottle before filling the sample bottles.

The turbidity was *elevated* in the **Inlet, Wetland,** and the **Outlet** on *at least one* sampling event this year, which suggests that erosion is occurring in these areas and/or the stream bottom was disturbed while sampling. If you suspect that erosion is occurring in any area of the watershed, we recommend that your monitoring group conduct a stream survey and rain event sampling along this tributary. This additional sampling may allow us to determine what is causing the *elevated* levels of turbidity.

For a detailed explanation on how to conduct rain event sampling and stream surveys, please refer to the 2002 VLAP Annual Report special topic article, which is posted on the VLAP website at http://www.des.nh.gov/wmb/vlap/2002/documents/Appndxd_monit oring.pdf, or contact the VLAP Coordinator.

In addition, the turbidity of the epilimnion (upper layer) sample was *elevated* on the **July, August** and **October** sampling events **(4.21, 10.4,** and **8.14 NTUs, respectively)** sampling event. This suggests that a rainstorm may have recently contributed stormwater runoff to the pond and/or an algal bloom had occurred in the pond.

> Table 12: Bacteria (E.coli)

Table 12 in Appendix B lists the current year and historical data for bacteria (E.coli) testing. E. coli is a normal bacterium found in the large intestine of humans and other warm-blooded animals. E.coli is used as an indicator organism because it is easily cultured and its presence in the water, in defined amounts, indicates that sewage **may** be present. If sewage is present in the water, potentially harmful disease-causing organisms **may** also be present.

The *E. coli* concentration was **very low** in the **Inlet** sample on the **August** sampling event. Specifically, the result was **10 counts**, which is **much less than** the state standard of 406 counts per 100 mL for recreational surface waters that are not designated public beaches and 88 counts per 100 mL for surface waters that are designated public beaches.

If residents are concerned about sources of bacteria, such as failing septic systems, animal waste, or waterfowl waste, it is best to conduct *E. coli* testing when the water table is high, when beach use is heavy, or immediately after rain events.

> Table 13: Chloride

Table 13 in Appendix B lists the current year and the historical data for chloride sampling. The chloride ion (Cl-) is found naturally in some surfacewaters and groundwaters and in high concentrations in seawater. Research has shown that elevated chloride levels can be toxic to freshwater aquatic life. In order to protect freshwater aquatic life in New Hampshire, the state has adopted **acute and chronic** chloride criteria of **860 and 230 mg/L** respectively. The chloride content in New Hampshire lakes is naturally low, generally less than 2 mg/L in surface waters located in remote areas away from habitation. Higher values are generally associated with salted highways and, to a lesser extent, with septic inputs. Please refer to the "Chemical Monitoring Parameters" section of this report for a more detailed explanation.

The **hypolimnion** was sampled for chloride during the **September** sampling event. The result was **12 mg/L**, which is **much less than** the state acute and chronic chloride criteria. However, this concentration is **greater than** what we would normally expect to measure in undisturbed New Hampshire surface waters.

We recommend that your monitoring group conduct chloride sampling in the epilimnion at the deep spot and in the tributaries near salted roadways, particularly in the spring, soon during snowmelt and during rain events during the summer. This will establish a baseline of data that will assist your monitoring group and DES to determine lake quality trends in the future.

Please note that there will be an additional cost for each of the chloride samples and that these samples must be analyzed at the DES laboratory in Concord.

Table 14: Current Year Biological and Chemical Raw Data Table 14 in Appendix B lists the most current sampling year results. Since the maximum, minimum, and annual mean values for each parameter are not shown on this table, this table displays the current year "raw," meaning unprocessed, data. The results are sorted by station, depth, and then parameter.

> Table 15: Station Table

As of the spring of 2004, all historical and current year VLAP data are included in the DES Environmental Monitoring Database (EMD). To facilitate the transfer of VLAP data into the EMD, a new station identification system had to be developed. While volunteer monitoring groups can still use the sampling station names that they have used in the past and are most familiar with, an EMD station name also exists for each VLAP sampling location. Table 15 in Appendix B identifies what EMD station name corresponds to the station names you have used in the past and will continue to use in the future.

DATA QUALITY ASSURANCE AND CONTROL

Annual Assessment Audit:

During the annual visit to your pond, the biologist conducted a sampling procedures assessment audit for your monitoring group. Specifically, the biologist observed the performance of your monitoring group while sampling and filled-out an assessment audit sheet to document the ability of the volunteer monitors to follow the proper field sampling procedures, as outlined in the VLAP Monitor's Field Manual. This assessment is used to identify any aspects of sample collection in which volunteer monitors failed to follow proper procedures, and also provides an opportunity for the biologist to retrain the volunteer monitors as necessary. This will ultimately ensure that the samples that the volunteer monitors collect are truly representative of actual lake and tributary conditions.

Overall, your monitoring group did an *excellent* job collecting samples on the annual biologist visit this year! Specifically, the members of your monitoring group followed the proper field sampling procedures and there was no need for the biologist to provide additional training. Keep up the good work!

Sample Receipt Checklist:

Each time your monitoring group dropped off samples at the laboratory this summer, the laboratory staff completed a sample receipt checklist to assess and document if your group followed proper sampling techniques when collecting the samples. The purpose of the sample receipt checklist is to minimize, and hopefully eliminate, future re-occurrences of improper sampling techniques.

Overall, the sample receipt checklist showed that your monitoring group did an *excellent* job when collecting samples and submitting them to the laboratory this year! Specifically, the members of your monitoring group followed the proper field sampling procedures and there was no need for the laboratory staff to contact your group with questions, and no samples were rejected for analysis.

USEFUL RESOURCES

Best Management Practices to Control Nonpoint Source Pollution: A Guide for Citizens and Town Officials, DES Booklet WD-03-42, (603) 271-2975.

Best Management Practices for Well Drilling Operations, DES fact sheet WD-WSEB-21-4, (603) 271-2975 or www.des.nh.gov/factsheets/ws/ws-21-4.htm.

Canada Geese Facts and Management Options, DES fact sheet BB-53, (603) 271-2975 or www.des.nh.gov/factsheets/bb/bb-53.htm.

Cyanobacteria in New Hampshire Waters Potential Dangers of Blue-Green Algae Blooms, DES fact sheet WMB-10, (603) 271-2975 or www.des.nh.gov/factsheets/wmb/wmb-10.htm.

Erosion Control for Construction in the Protected Shoreland Buffer Zone, DES fact sheet WD-SP-1, (603) 271-2975 or www.des.nh.gov/factsheets/sp/sp-1.htm.

Impacts of Development Upon Stormwater Runoff, DES fact sheet WD-WQE-7, (603) 271-2975 or www.des.nh.gov/factsheets/wqe/wqe-7.htm.

Lake Protection Tips: Some Do's and Don'ts for Maintaining Healthy Lakes, DES fact sheet WD-BB-9, (603) 271-2975 or www.des.nh.gov/factsheets/bb/bb-9.htm.

Low Impact Development Hydrologic Analysis. Manual prepared by Prince George's County, Maryland, Department of Environmental Resources. July 1999. To access this document, visit www.epa.gov/owow/nps/lid_hydr.pdf or call the EPA Water Resource Center at (202) 566-1736.

Low Impact Development: Taking Steps to Protect New Hampshire's Surface Waters, DES fact sheet WD-WMB-16, (603) 271-2975 or www.des.nh.gov/factsheets/wmb/wmb-17.htm.

Proper Lawn Care In the Protected Shoreland, The Comprehensive Shoreland Protection Act, DES fact sheet WD-SP-2, (603) 271-2975 or www.des.nh.gov/factsheets/sp/sp-2.htm.

Road Salt and Water Quality, DES fact sheet WD-WMB-4, (603) 271-2975 or www.des.nh.gov/factsheets/wmb/wmb-4.htm.

Sand Dumping - Beach Construction, DES fact sheet WD-BB-15, (603) 271-2975 or www.des.nh.gov/factsheets/bb/bb-15.htm.

Shorelands Under the Jurisdiction of the Comprehensive Shoreland Protection Act, DES fact sheet SP-4, (603) 271-2975 or www.des.nh.gov/factsheets/sp/sp-4.htm.

Soil Erosion and Sediment Control on Construction Sites, DES fact sheet WQE-6, (603) 271-2975 or www.des.nh.gov/factsheets/wqe/wqe-6.htm.

Weed Watchers: An Association to Halt the Spread of Exotic Aquatic Plants, DES fact sheet WD-BB-4, (603) 271-2975 or www.des.nh.gov/factsheets/bb/bb-4.htm.

Watershed Districts and Ordinances, DES fact sheet WD-WMB-16, (603) 271-2975 or www.des.nh.gov/factsheets/wmb/wmb-16.htm.